



The President of the World Health Committee, prof. Giuseppe R. Brera, director of the Milan School of Medicine, wrote to the Health Ministry of Peru, where a Dengue epidemic is underway, recommending that a person-centred preventive campaign be launched, based on anti-viral allostasis through health education using natural preventive and therapeutic substances, not repeating the illiterate errors and omissions of the world and the WHO, driven by BIG-PHARMA, in the health strategy against COVID-19. The problem is to allow an autonomous defense of the population from the epidemic, also educating doctors to the use of effective natural pleiotropic molecules.

Text of the letter with bibliography

The Perù Ambassador

S.E. JULIO EDUARDO MARTINETTI MACEDO

VIA MAIL

Dear Ambassador,

we are informed about the health emergency in Perú because of the virus of Dengue.

We want to suggest to the Minister of Health the activation of a campaign of education to the health of the population with the introduction in the nutrition of the natural substance Curcumin, present in the spice Curcuma Longa, active against the virus also effective against many other viruses including SARS-COV 2.

The best route of administration is inhalation accompanied by the oral one. In prevention and therapy the complex epigallocatechin gallate (EGCG), present in green tea, that showed antiviral activity against dengue should also be used. People and physician should be trained to use Curcumin and EGCG. Moreover it is NECESSARY to educate to the use of mosquitos' repellents such as the . lemon eucalyptus, p-menthane-3,8-diol (PMD) The lemon eucalyptus (Corymbia citriodora) extract (oil) evaporated in air and smeared on the skin is very effective to prevent the against mosquito-borne diseases included ZIKA and malaria.

I hope that your health Ministry will start ASAP the health education campaign via media. With a Person-centered prevention policy not with the anti-COVID wrong health strategy.

I Take the occasion to ask the adhesion of Perú to "[La Charte mondiale de la santé-the world health charter](#)"

Yours sincerely

Giuseppe R.Brera

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Direttore della Scuola Medica di Milano and the "Person-Centered Medicine International Academy

President National Health Committee -Italy

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